

October 2017 - Menus

A Great Part of Your Day				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The state of the s	Grade Special Ed	es K-12 Bi	reakfast IS ARE SUBJECT TO CHANGE	The same
± Cinnamony Pancakes V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	10-3 ★ Fiesta Bean & Cheese Burrito - V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	10-4 ★ Hawaiian Cheesy Ham Slider ★ Fruit Cup ★ Fruit Juice ★ Got Milk	10-5 ★ Crunchy Cereal with Yogurt - V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-6 ★ Apple Stuffed Bagel Bar ★ Fruit Cup ★ Fruit Juice ★ Got Milk
9 ★ French Toast Trio V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	10-10 ★ Breakfast Cheese Bagel - V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	10-11 ★ Egg & Cheese Italiano Pocket- V ★ Fruit Cup ★ Fruit Juice ★ Got Milk	10-12 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-13 ★ Manager's Choice ★ Fruit Cup ★ Fruit Juice ★ Got Milk

★ Fruit Cup ★ Fruit Cup ★ Fruit Cup	★ Manager's Choice ★ Fruit Cup ★ Fruit Juice		
	★ Fruit luice		
★ Fruit Juice	/\ 11011 JUICO		
★ Got Milk ★ Got Milk ★ Got Milk ★ Got Milk	★ Got Milk		
10-16 10-17 10-18 10-19 10-20			
	Apple Stuffed Bagel Bar		
★ Fruit Cup ★ Fruit Cup ★ Fruit Cup ★ Fruit - \$	∵★ Fruit Cup		
★ Fruit Juice ★ Fruit Juice ★ Fruit Juice	★ Fruit Juice		
★ Got Milk ★ Got Milk ★ Got Milk	★ Got Milk		
10-23 10-24 10-25 10-26 10-27			
★ French Toast Trio V ★ Breakfast Cheese Bagel – V ★ Egg & Cheese Italiano Pocket– V ★ Morning Beef Sausage Sandwich ★ Co	Café LA Coffee Cake – S, V		
★ Fruit Cup ★ Fruit Cup ★ Fruit Cup ★ Fruit S	★ Fruit Cup		
★ Fruit Juice ★ Fruit Juice ★ Fruit Juice ★ Fruit Juice	★ Fruit Juice		
★ Got Milk ★ Got Milk ★ Got Milk ★ Got Milk	★ Got Milk		
10-30			
All of the Grain/Bread items served are whole grain.	_		
MIK Uptions: White Low Fat 1%, White Non-Fat Lacto	Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free		
A. For a Tellinous Soule Medis 5 × 5. One × most t	★: For a reimbursable meal, pick at least 3 ★'s. One ★ must be a fruit		
5. Hellis Willi dii (5) cali de saved foi faler			
★ Got Milk ★ Got Milk V: Vegetarian items			